



3 for 1 Bracelet Days

An opportunity for individuals with developmental disabilities to build self-esteem and social awareness by helping others

Join us for Special People Helping Others (SpPHO) 3 for 1 Bracelet Days — an opportunity for individuals with developmental disabilities to build self-esteem and social awareness through fundraising for two noteworthy causes: hunger (Meals on Wheels Association of America) and healthcare (Doctors Without Borders). SpPHO chose to support these two vital charities since they are easy for our volunteers with developmental disabilities to conceptualize — everyone needs food and medicine!

SpPHO's 3 for 1 Bracelet Days are a rare opportunity to support three charities with a single donation (3 for 1), in exchange for our SpPHO bracelet. First, you support SpPHO's core mission: to give individuals with developmental disabilities the chance to build self-esteem and social awareness by helping others. *And* you are financially supporting two valuable organizations: Meals on Wheels Association of America and Doctors Without Borders — since SpPHO gives *100%* of your donation in equal portions to these two worthy causes.

To make this possible, our generous donors and corporate sponsors provide funding for all administrative and event-related costs, including the cost of our special bracelets. **Thank you for helping special people help others!**

About Special People Helping Others (SpPHO)

Special People Helping Others (SpPHO) creates meaningful opportunities for individuals with developmental disabilities to build self-esteem and social awareness by helping others. SpPHO believes that individuals with developmental disabilities have tremendous potential to be a positive force in our communities and can achieve remarkable benefits in personal growth through their efforts. SpPHO is a 501(c)(3) organization and was founded in 2007 by high school student Zachary Peskin whose older brother, Adam, is developmentally disabled. For more information, please visit www.sppho.org or email Zachary at founder@sppho.org.



www.sppho.org